



G. F. W. C.
Tampa Woman's Club
NEWS AND VIEWS

Volume 66 Issue 12 August 2015 "Together we dream and achieve. Together we are One."

Upcoming Events
August

Thursday August 20th
Executive Board Meeting
10 am ~ Clubhouse

Thursday August 27th
Card Party ~ 10am ~ Clubhouse



GFWC Tampa Woman's Club

2901 Bayshore Blvd.,
Tampa FL 33629
Telephone: 813-839-7457

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tampawomansclub1@verizon.net



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President's Message

By

Tuky Vargas
August 2015



Dear Fellow Club members,

I am pleased and honored to begin my year of my term as president of the GFWC Tampa Women's Club (TWC). It is especially gratifying to be working with an extraordinary Executive Committee that has enormous energy and passion for advancing our club endeavors.

I can't believe how fast the year is going. It must be due to the great spirit of the club and, of course, the enthusiasm of all the new members! I hope that you had a wonderful summer, and I so look forward to the first Thursday in September, when I will have the pleasure of seeing you all again.

I know that our club "works" only because of the ongoing commitment of our members who support the various projects and activities we are involved in. I want to say "Thank You" to everyone who supports our club and makes **us** look good. I am really proud to be part of the GFWC Tampa Women's Club.

Let's mark September as the beginning of a renewed focus on membership recruitment; without new members, we run the risk of growing stagnant. So, how about inviting a friend, colleague, business associate or new acquaintance, to join us? Let people know about the good things we do for the community as well as about the friendships to be gained by club membership. And remember, we all know that the job of growing membership doesn't end when a new member joins. It ends only when a new member is enjoying being a GFWC TWC member and never wants to leave! Now is the best time to introduce someone new to GFWC TWC. After seeing what a great organization we belong to and how much it has to offer, we may introduce another good member, just like you.

Since the President's role should be that of "servant leader," I encourage anyone who has ideas or suggestions for improving our club to talk to me. We have a busy year ahead, and I look forward to working with you to sustain ongoing efforts, start new programs, and accomplish our dreams through "hands on" work with our charities.

The General Federation of Women's Clubs is an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service. Collectively, we are **Living the Volunteer Spirit**.

One final thought....

It is with a heavy heart, that I share with those of you who do not already know that we lost our "Beautiful" Jan Pardo in July. Jan was such a caring and talented person, who dedicated many hours to make the News and Views special for us. We extend much love and sympathy to her family, we will miss Jan.

See you at the September meeting.

Tuky



MEMBERSHIP

Linda Reece

Thanks to all members who not only have invited friends and acquaintances to join the GFWC Tampa Woman's Club but also have developed new relationships with them here. Sponsors for new members are vital to the growth of our Club—and to keeping our newest members informed and involved. Know that it's so important to keep our new friends connected. Look around at the September meeting and if you see someone that you don't know, please take the time to introduce yourself. One of the best aspects of our Club is that we are a friendly group! Let's all help everyone feel welcome!

PLEASE NOTE THAT AT THE SEPTEMBER MEETING NEW PROVISIONALS WILL SIT WITH THEIR SPONSORS!

Going along with that, our Soiree to introduce new provisionals and new members has been set for Feb. 11, 2016 from 7-9 so mark your social calendars now!!

We so appreciate being able to keep this event FREE but do accept donations of time and (your wonderful) cooking skills. I have a sign-up sheet that I will be passing around starting at the September general meeting and look forward to your commitments. Thank you in advance for being an important part of this fun event. Once again, if you need transportation, please just let me know and I will be glad to coordinate that for you.

News and Views

Is currently being compiled and edited by Janelle and proofread by Christine Bonaventura. We welcome your feedback.

Please email or call the office.

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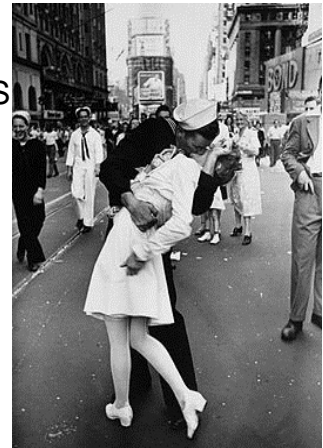
A Note From The Kitchen

Ladies, if you place anything in the refrigerator, please use a sharpie and write your name and date on it. Our refrigerator is for club use and rental functions. Thanks - Brenda

Public Issues

August 2015
Elena Coates

V-J Day History: The Germans surrendered in May 1945 but the war in the Pacific continued for a few more months. With high casualties on both sides, the US was anxious to end the war. On 6 August, the US dropped an atomic bomb on Hiroshima in an attempt to get Japan to surrender. Three days later, another bomb was dropped on Nagasaki. On 15 August (14 August in the US because of time zone differences), Emperor Hirohito cabled the US with his surrender. Although Japan would not formally sign the surrender until 2 September aboard the USS Missouri in Tokyo Bay, President Truman broke the news of Japan's surrender in a press conference at the White House, sparking celebrations everywhere. The most famous spontaneous picture symbolizing the end of WWII was "The V-J Day kiss in Times Square".



The 19th Amendment granted women the right to vote. Women had organized, petitioned, and picketed to win this right, but it was not until 1848 that the movement went national with a convention in Seneca Falls, NY organized by Elizabeth Cady Stanton and Lucretia Mott.

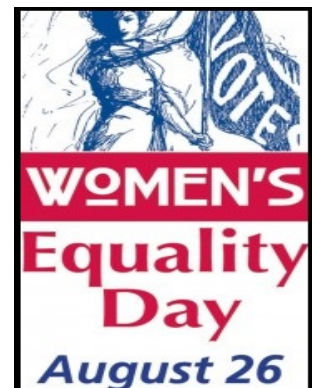
Following the convention, the demand for the vote became the center of the women's rights movement. Stanton, Mott, Susan B. Anthony and others formed organizations and lobbied the



government. Suffragists used tactics such as parades, silent vigils, and hunger strikes and opponents heckled, jailed, and sometimes physically abused them. An amendment was first introduced in Congress in 1878. By 1916, almost all of the major suffrage organizations were united behind passing a constitutional amendment. When New York adopted woman suffrage in 1917 and President Wilson changed his position to support an amendment in 1918, the political balance began to shift. On 21 May 1919, the House of Representatives passed the amendment, and two weeks later, the Senate followed. When Tennessee became the 36th state to ratify the amendment on 18 August 1920, the amendment passed its final hurdle of getting three-fourths of the states to agree.

Secretary of State Bainbridge Colby certified the ratification on 26 August 1920, changing the face of the American electorate forever.

Women's Equality Day (26 August) Fifty years after the passage of the 19th Amendment (26 Aug 1970), the National Organization For Women organized a nationwide Women's Strike for Equality. Women across the political spectrum joined together to demand equal opportunities in the largest protest for gender equality in US history. Demonstrations and rallies took place in more than 90 major cities and small towns across the country and over 100,000 women participated, including 50,000 who marched down Fifth Avenue in NYC. In 1971, Representative Bella Abzug (NY) introduced a bill designating 26 August of each year as Women's Equality Day and the special day was created by a Joint Resolution of Congress. It decreed that the President is requested to issue a proclamation annually in commemoration of woman suffrage.

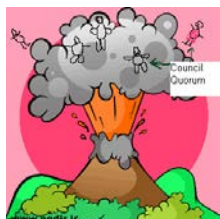


INTERNATIONAL OUTREACH
Cindy Bower
August 2015

As promised in the June column, the final accounting for the International Dinner, (held in May 2015) is in. In spite of the fact that the dinner was held the night before Mother's Day, we had very good attendance, and between ticket sales, opportunity baskets, 50/50 and the Wine Bar Tip Jar, we took in \$3,237.97. After expenses, we were able to donate \$2,100.00 to Shot@LIFE, I would like to thank everyone who participated in providing children overseas with life-saving vaccinations!

It is hard to believe that we are already nearing the end of summer. Although our CSP is taking a break over the summer, thanks to Elena Coates, I had the opportunity to participate in a fundraiser for USF dancers who will be participating in a dance festival at Beijing Normal University in October 2015. Funds raised at the event will be used to fund the travel expenses for those students participating in this important cultural exchange. What a great opportunity for these talented students, all of who put on a wonderful demonstration for those in attendance. If any of you area interested in contributing to this endeavor, please let Elena or I know.

Finally, at the November meeting, I hope to have the Director of English Language Services (ELS), speak to us about their work preparing foreign students for university study at the University of Tampa, as well as other schools around the country. I am hoping that we can interest club members in participating in conversational opportunities with these students, many of whom are away from their families from anywhere from six months to two years. It promises to be an enjoyable presentation. Until then, enjoy the rest of your summer!



GEOGRAPHY QUIZ
August 2015

This month's geography quiz focuses on volcanoes. On 24 August in the year 79 AD, the volcano known as Vesuvius erupted, causing devastation in Herculaneum, Pompeii and other cities in its path. Essentially, volcanoes are vents on the Earth's surface where molten rock, debris and gases from the planet's interior are emitted, sometimes in a minor way, but quite often they take a highly destructive route. So, where are these dangerous volcanoes? According to the Smithsonian Institution, the top five most active volcanoes in the world since 1900 (based on years of continuous activity) are documented below (one bonus question also included.) If you are planning a vacation this summer, you may want to avoid these countries!

1. The earliest known report of the Sangay volcano in this Latin American country was in 1628. From 1728-1916, and again from 1934 to the present, this volcano has erupted more or less continuously.
2. The Santa Maria volcano, also in a Latin American country, had a catastrophic eruption in 1902. This volcano is part of the Sierra Madre range of volcanoes, which extends along the western edge of this country.
3. The Stromboli volcano in this European country (pretty easy to guess this country!) has been erupting nearly continuously for over 2000 years. Because of the constant fiery flames, it has earned the nickname, "Lighthouse of the Mediterranean." The Island of Stromboli is the tip of the volcano. Each year, it grows larger as the volcano pumps out new lava.
4. Mt. Etna, also in the same region of the same European country has erupted nearly 200 times going as far back as 1500 BC. The most recent eruption was in 2001, when the lava flow was close to reaching the town of Nicolosi
5. Mount Maseru on Tanna Island in this Pacific nation has been erupting continuously for over a century. The glow of the Volcano is rumored to be what attracted Capt. James Cook on the first European visit to the island.
6. Finally, Mount Merapi, in this Asian country, is one of the world's most volatile and dangerous volcanoes (although it doesn't have the same long history as the one's in the top five list) with an October 2010 highly destructive eruption.

GFWC TAMPA JUNIOR WOMANS CLUB

The GFWC Tampa Junior's are very excited to have had our spring member installation. We are very fortunate to welcome Robyn Bonivich, Shavone Clark and Mary Osada to the Tampa Junior's. We recently had our board planning retreat and we are looking forward to new transitions and adventures!



JULY/AUGUST BIRTHDAYS

Happy Summer to everyone. As we enter the eight month of the year, it just doesn't seem possible that another club year is about to begin in September. There are belated birthday wishes to our friends who celebrated their birthday in July. They were not forgotten as cards were sent to each one of them to celebrate their special day. Here is the list of July birthdays followed by those who will be celebrating another birthday this August.

JULY BIRTHDAYS

Mary Williams	July 1
Kathy Sutton	July 3
Frances Knopke	July 5
Nina Graham	July 5
Betty Ann Nakis	July 5
Patricia Carey	July 8
Pat Kasum	July 16
Anna Perdue	July 22
Mary Allen	July 23
Anna Cleveland	July 24
Tanya Highnote	July 27
Kendal Capaz	July 28

HAPPY BELATED BIRTHDAY TO ALL OF YOU JULY BIRTHDAY GIRLS.

The following club members will be celebrating their birthday during the month of August:

Angeles (Angie) Ferlita	August 2
Madge Soyster	August 2
Sue Couture	August 3
Sally Baker	August 5
Joanna Boley-Lee	August 7
Elena Coates	August 8
Dorothy Cox	August 15
Pat Launkitis	August 16
Marye Ann Minardi	August 16
Helen Button	August 19
Mary Ann Kelly	August 20
Diane Weisman	August 21
Judy Williams	August 21
Shirley Perez	August 26
Anita Crose	August 30
Anne Evans	August 30
Kathleen Hudson	August 30
Janelle Tate	August 31

MORE ABOUT AUGUST

August is the 8th month of the year and the flowers for this month are the beautiful gladiolus and poppy. From August 1 to the 22, the zodiac sign is Leo. Beginning August 23 until September 22, the birth sign is Virgo. The lovely peridot and sardonyx are the month's birthstones. Jane Austen once wrote the following about August weather: "What dreadful hot weather we have! It keeps me in a continual state of inelegance." Imagine the heat when Jane Austen was alive and she had no air conditioning !!!!

During this month, the following events will be celebrated: National Family Fun month, National Peach month, National Golf month, National Picnic month, and Romance Awareness month. Other events of interest during this month include Friendship Day on Sunday, August 2, National Kids Day on August 3, It's a Joke Day on August 16 and National Dog Day on August 26 and Woman's Equality Day also on August 26.

This month a rarity will occur when there are 5 Saturdays, Sundays and Mondays during this month. Two Presidents were born in August: Herbert Hoover on August 10 and Benjamin Harrison on August 20. Hawaii was annexed in August of 1898 and the Lincoln penny was first issue in 1909 on August 2. On August 6, 1945, President Truman ordered the use of the atomic bomb on Hiroshima, Japan. Colorado became the 38th state in 1876, hence its nickname, The Centennial State.

There are members of our club who have had some medical procedures during the summer and who have had some other personal events. Please keep these members in your thoughts and prayers. Please let Susie Donley know if a card or note needs to be sent to a member who would benefit hearing from our members. Happy August everyone and soon we will be hugging each other at our September meeting after a few weeks of not seeing one another.

REMEMBER: "Do your little bit of good where you are; it's those bits of good put together that overwhelm the world." Desmond Tutu

NOTE FROM FRONT OFFICE

The yearly meetings are over for 2014-15, however we still have a permanent lunch list. If you wish to be added or removed from the list that will be effective in September please call me.

Provisionals remember you are on the permanent lunch list.

Also if you wish to reserve a table for the Card Party, or cancel one if you are on the list, please call the office
Thanks, Janelle

813-839-7457

HOME LIFE

Joyce Dixon

The last couple of months have been extremely hot but I hope you have had a pleasant summer vacation. Our committee stayed somewhat busy over the last couple of months with donations to various organizations. We had men's clothing we donated to The Spring and ladies clothing went to Metropolitan Ministries as well as some house hold items. A big basket of shampoo, conditioner, moisturizer, hand lotion and shower caps were delivered to the Alpha House for the young mother's to be. We are looking forward to continuing with these donations next year and we will have other organizations that will need our help. Thanks to all of you that have participated in donating these items.

Our committee will have a meeting sometime in August to discuss our plans for the coming year. In September the members will have an opportunity to sign up for committees they would like to work on. We would love to have you join us. If you have any questions or new ideas for the committee please contact me. Enjoy the rest of the summer and we will see you in September, refreshed, and ready to participate in our service projects.

Conservation

JoAnn Leal

Hope everyone is enjoying their summer!

Wish everyone could have joined me at the GFWC International Conference this past June! Great company, great food, Memphis, civil rights, Elvis, riverboats, BB King blues, more food, mingling with GFWC members from Alaska, Aruba, Japan, more food, dancing (even in the street!), so much ice cream, parties and so much pride in our GFWC attendees!

Great news, too! At the conference, an additional new partner was added to the GFWC Conservation CSP line-up: The Nature Generation, a group with strong focus on conservation education especially in our community and schools. I had the pleasure of speaking with the three primary women of "natgen", and came back home loaded with gifts and goodies to share. Their website is <http://www.natgen.org/natgen-resources/> and you can click on the GFWC resources tab for more info. We look forward to collaborating with them!

I hope that y'all can continue to collect those pop tops, Humane Society items, used eyeglasses, etc, throughout the summer. Hoping for record numbers in our donations this year! See you in September!

JoAnn

GFWC INTERNATIONAL YEARBOOK INFORMATION

Hello GFWC Clubwomen,

You all may have or will be receiving a yellow postcard in the mail from The General Federation of Women's Clubs – marked URGENT NOTICE. First, do not be alarmed. GFWC International is preparing a 125th Anniversary Yearbook. They are looking to verify members information – basic information. They have to do this with you or they cannot print your name in the membership. Now, you ask how long does it take? On the phone - 10-15 minutes depending on wait time to speak to a representative and whether you reserve a copy of the book. Steps:

Call 1-800-546-0328

Enter Your ID# found middle bottom of postcard 000-000-000 (do not enter dashes)

A Representative will Share with you that GFWC is doing a 125th Anniversary edition, members stories and profile.

First they verify geographic Info: Home or cell number, club information and highest office held (i.e., State President or Club President or CSP Home Life Chairman, etc.).

Representative will let you know that they are asking for stories and memories – give your email if you want to share any stories or memories.

Representative will remind you it is the Anniversary edition and will ask if you want to reserve a copy Comprehensive Hard Copy of CD is 2 installments of \$49.99 plus Shipping and handling – You can say no.

Comprehensive Soft Copy is 2 installments of \$39.99 plus shipping and handling – you can say no.

Customized CD – not clear if comprehensive is \$24.99 plus shipping and handling – you can say no.

It would be great to have all of our names in the Anniversary Edition so please call and verify everything even if you do not purchase a book.

Geography Answers:

1. Ecuador
2. Guatemala
3. Italy (off the north coast of Sicily)
4. Italy (in Sicily)
5. Vanuatu
6. Indonesia

2015 GFWC INTERNATIONAL CONVENTION ~ MEMPHIS, TENNESSEE

The GFWC Tampa Woman's Club M&M's (Marvelous Memphis Mates) left Tampa bright and early Thursday morning 6/11 and drove all day to join the GFWC Florida Fabulous Florida Flamingo Flock in Memphis, TN for the GFWC International Convention. We ate, we learned, we toured, we learned some more, enjoyed great speakers, ate and laughed A LOT.

President Tuky, Elena Coates, JoAnn Leal and Cat Geary (M&Ms) had a wonderful time and President Tuky truly enjoyed representing GFWC Tampa Woman's Club. There were 41 delegates from the State of Florida that attended the International Convention. On Friday we toured Graceland and took a riverboat cruise ride on the Mississippi. That evening we went down to Beale Street in downtown Memphis and had dinner at the Blues City Café – Memphis BBQ. On Saturday we attended the opening Business Session where we got to see GFWC FL President Carole Weaver and GFWC FL Director of Junior Clubs Catrina Sistrunk represent Florida processing with the state flag. The delegation to convention included 48 of our 50 states along with Aruba; Grand Bahamas; Chili and the Republic of China. We heard speakers, enjoyed hearing about the awards Florida won and then headed off to Lunch at the Arcade Diner serving since 1919 and visited the National Civil Rights Museum. On Sunday we attended business sessions, heard another great speaker, attended the GFWC Southern Region Luncheon and then attended the GFWC FL Reception hosted by GFWC FL President Carole Weaver. We had dinner at BB Kings, enjoying the blues, dancing and having a wonderful night. On Monday we attended business sessions, workshops and managed to go to Sun Studios, Rock & Soul Museum, Cotton Museum and then back for more meetings. We heard bylaw changes and resolutions... then off to our GFWC 125th Gala Celebrating 125 years of Living the Volunteer Spirit. The important message – what we have done, will do and CAN do together. Our founding club women fought to have child labor laws; traveled the states establishing 75% of this nations libraries; rallied for equality; established scholarships for women surviving domestic violence and are working towards rescuing women sold into human trafficking.

A few fun items: ask us who likes ice cream; who craves Schlotskys; who must have Dunkin Doughnuts Coffee or Coffee of almost any kind; who is an Elvis fan; who dances in the streets ~ yes like a flash mob and who can go to sleep in a car quicker than a baby??? Ask if we all came away renewed and ready to share with each of you the GFWC mission ~ we are.

FROM THE GFWC INTERNATIONAL CONVENTION



125th Gala Dinner

L to R: Dara Bergdoll (Gainesville); Elena Coates; Tuky Vargas; Cat; Catrina Sistrunk, GFWC FL Dir. Jr. Clubs; Carole Weaver, GFWC FL President; JoAnn Leal; Ann James (Auburndale); Karen Morris, GFWC FL Member at Large; Dianne Foerster, GFWC Second VP; in front of Ann and Dianne is Bradlee Swanson (Brandon); sitting on floor, Sharon Oliphant, GFWC FL First Vice President and Candy Jackson (Brandon).



Sadly – it appears that Elvis really is gone!



Elena registers for International convention.



Opening Business session – all the flags of all the states and countries in attendance as GFWC President Babs Condon welcomes everyone.



GFWC International COO, Rosemary Thomas – joins Tampa gals welcoming us to International Convention

GFWC FL D8 Dogfest 2015 **GFWC Tampa Woman's Club "Hound Dogs"!**

GFWC Tampa WC has joined the District 8 Dogfest Team. Pat Kasum is our President's Project Chairman and she will be working with us to raise money via another Hamburger Mary's event – date and time TBA. Cathy Geary is your "top dog" or team captain and we have a great team working to raise money for Canine Companions for Veterans Assistance.

Event Date 11/8/15

Time: 11am – 3pm

Location: USF Health-Tampa 13101 Bruce B. Downs Blvd. Tampa, FL 33612

If you cannot be at the event, you can help us by going to our team site and donating to our team <http://www.cci.org/dogfesttampa/gfwctwc> . Share our link with everyone you know – if everyone we know donates \$5 or \$10 it would be great. If you are not computer savvy – make your check out to GFWC Tampa WC and write CCI Dogfest – and we will donate the money to the team page. Team members include Cindy Bower, Gail Carpenter, Elena Coates, Rachel Dalton, JoAnn Leal, Beverly Lee, Sarah Peters, Sylvia Reeves and Laura Wines. Thank you in advance for your support for this event.



2015 Reporting Information

Our GFWC FL Reporting may seem like six (6) months away and yet that time will fly because we are having so much fun~! Our chairman did a great job reporting last year, but they did not have all the FACTS. Here is an easy way to help the chairman have all the FACTS by reporting what you do as a member:

- 1) Participate
- 2) Summarize
- 3) Send it in

1)Participate in an event, Take two (2) Salvation Army Stockings

2)Summarize - share what you did with the chairman. Decided on a theme of one (1) boy (Super Heros) and one (1) girl (princesses). Purchased items within the them such as comic books, crayons, activity books, tooth brush, tooth paste, action figure, action cards; a princess doll with an outfit; jewels and a few more items. Went shopping so my drive time to the store, shopping, the drive time home, the time to put the stockings together and the time to drive the stockings to drop them at the club is how you calculate the hours spent. The money you spent on the items is "In-kind" amount. The club raised no money so there is no profit and the club paid no money out so there is no expense to the club.

3)Now – send this in to the chairman via email or turn it in to her at a meeting. This item is reported under Home Life – Joyce Dixon

Dear Joyce – Activity – Salvation Army Stockings

Cost to Club - -0-

Hours Spent – 4 (i.e., drive to store

30mins, shopping time 1hr, drive home from store 30 mins, time to put your stocking together 1hr, time to drive the stocking to the club and time to drive home 1hr.

In Kind - \$25 – Add all your receipts from shopping at the Dollar Store, Wal Mart and Target and round up or down to nearest whole dollar.

You have just reported. Tips on items you can report on will come out each month until December – you will be surprised.

Other items you may be surprised you can report under Home Life – make it a project in your program – Blood/Bone Marrow Drive participants; Organ Donors; clothing donations; health issues/programs; Financial Planning; Flu Shots; get your free credit reports annually.

Education

Dee Grosser

I hope all of you are enjoying this hot summer weather. It is hard to believe that September will be here before we know it.

I look forward to another year as your Education Chairman and encourage you to join our committee. So many of you have so much to offer our programs and serving on a committee can be a lot of fun, educational and very rewarding. It will be great to see all of you at our September meeting and "Living the Volunteer Spirit".

Here is something some of you may be interested in that USF is offering this summer/fall:

The University of South Florida is offering two exciting programs to help memory performance in older adults that may be of interest to your membership. The University of South Florida, School of Music is providing free piano lessons and computer brain training classes to adults (ages 60-80). This program is sponsored by the National Endowment for the Arts. Classes begin August 3rd, 2015. There are 16 weeks of classes (twice a week).

Class sessions occur at the University of South Florida, School of Music. All study materials are provided. No costs are associated with this study.

For more information, interested individuals can call 813-517-9625 or email bugosj@usf.edu.



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Naming August - Augustus Caesar

August is the eighth month of the year in the Gregorian calendar and its predecessor, the [Julian calendar](#). The month of August was originally named *Sextilis* in Latin since it was the sixth month in the ancient [Roman calendar](#). The name of the month was changed to August in honor of Augustus Caesar in 8 BCE.

Latin name - *Augustus mensis* - Month of Augustus

Latin - *sextilis mensis* - Sixth month

Anglo-Saxons - *Weod Monath* - Weed month

History of August

August was originally *Sextilis*, the sixth month in the Roman calendar and consisted of 31 days. It became the eighth month with a length of 29 days around 700 BCE when [January](#) and [February](#) were added to the year. Julius Caesar added two days to the month around 45 BCE. It was later renamed to honor Augustus Caesar in 8 BCE.

Eighth Month in the Year

August is the eighth month of the year in the Julian and Gregorian calendar and is 31 days long. It is considered the busiest time for tourism because it falls in the main school summer holiday period. It is the seasonal equivalent of February in the Northern hemisphere.

August does not start on the same day of the week as any other month in the year in common years, but ends on the same day of the week as November every year. During [leap years](#), August starts on the same day as February and still ends on same day as November.

Birth Flower and Stone

Its birth flower is the gladiolus or poppy which represents beauty, strength, love, marriage and family.

The birthstone for August is the peridot or onyx.